

Introducing your puppy to new things when it is young will help it become a well-adjusted, calm, and sociable adult. Puppies are most accepting between 4 and 12 weeks old, but they can also be particularly sensitive to new stimuli. Start socialisation early, keep sessions short, make them fun, and remove your pup from the situation if it seems scared.



Places & surfaces

- Stones / gravel
- Concrete
- Woodland
- Snow
- Astroturf
- Sand
- Mud / soil
- Tiles
- Wooden decking
- Bridges
- Grass
- Forest
- Fallen Leaves
- Rugs / carpets
- Water
- Deep water (always keep your puppy safe around water)



Sounds

- Fireworks
- Thunderstorms
- Windy weather
- Dogs barking
- Animals sounds
- Baby crying
- Children shouting
- Music
- Road traffic (cars, motorbikes, buses, lorries, etc.)
- Vehicle horn honking
- Tractors / farm traffic
- Sirens
- Aeroplanes
- Helicopters
- Knocking at door
- Loud bangs



Household items

- Spray bottles / aerosols
- Vacuum cleaner
- Hairdryer
- Dusters
- Washing machine
- Kettle
- TV
- Radio
- Microwave
- Blender / food processor
- Curtains
- Doorbell / buzzers
- Musical instruments
- Noisy toys
- Drills and other tools
- Shower



Transport

- Cars
- Trains
- Bus
- Motorbikes / bicycles
- Vans and Lorries
- Tractors



Animals

- Birds
- Cats
- Horses
- Dogs
- Rabbits / Squirrels
- Cows & Sheep



Outdoor equipment

- Umbrellas
- Canes / walking sticks
- Wheelchairs
- Zimmer frames
- Mobility scooters
- Skateboards / scooters



People

- People of different ethnicities, sizes and ages
- People wearing protective clothing (helmets, goggles etc.)
- Babies and children (under close supervision)
- People in a range of clothing (hats, glasses, burqas etc.)
- Men with beards



Training

- Wearing a collar
- Walking on lead (+/- harness)
- Car travel (or bus / bike travel)
- Alone time
- Crate training



Health check & grooming

- Opening mouth
- Ear and eye check
- Foot check
- Back end check
- Brushing teeth
- Clipping nails
- Brushing